

Dear Field Trip Participant,

Byers Gymnastics Center is ready to provide you with a fun-filled field trip experience. Your field trip may include parachute activities, pit, trampoline, fun room, bars, beam, tumbl trak, vault, tumbling, and/or other fun gymnastics-related activities.

Our field trips are approximately 45 minutes in length. We ask that all participants wear comfortable clothing, bare feet, and have long hair tied back.

All field trip participants must have either parent or guardian sign the release form below. Byers Gymnastics Center MUST have a signed release form before we allow you to participate. You may drop the form off in advance or bring it the day of the field trip.

Thank you! We are looking forward to a GREAT field trip!

Child's Name _____

Age _____

I fully understand that Byers Gymnastics Center Staff Members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the Byers Gymnastics Center Staff to render temporary first aid to my child in the event of any injury or illness, and if deemed necessary by Byers Gymnastics Center Staff to seek medical help, including the calling of an ambulance for said child should the Byers Gymnastics Center Staff deem this necessary.

Parent or Guardian

Signature _____ Date ____/____/____

We, the Staff of Byers Gymnastics Center recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sport of gymnastics, tumbling, cheerleading, trampoline, and dance. Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Gymnastics, Trampoline, Tumbling, Dance, and Cheerleading can be dangerous and can lead to injury!

Parents should make their children aware of the possibility of injury and encourage their children to follow all safety rules and the coaches' instructions.

Byers Gymnastics Center, its' coaches and other staff members, will not accept responsibility for injuries sustained by any student during the course of gymnastics, trampoline, cheerleading, dance, or tumbling instruction, or practice workouts, field trips, or in the course of any exhibition, competition, or clinic in which he or she may participate or while traveling to or from the event.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Byers Gymnastics Center. I, my executors or other representatives, waive and release all rights and claims for damages that I or my child may have against Byers Gymnastics Center and or its representatives whether paid or volunteer.

I also affirm that I now have and will continue to provide proper hospitalization, health and accident insurance coverage which I consider adequate for both my child's protection and my own protection.

I also understand that it is the parents' responsibility to warn the child about the dangers of gymnastics and injury. The parent should warn the child according to what the parent feels is appropriate. Byers Gymnastics Center will only warn the child through "Safety Messages" and our teaching style and progressions.

Parent or Guardian Signature _____

Date ____/____/____

